

## **Post Treatment Progression**

- Please see “Pearl Fractional Post Care Instructions” for detailed instructions on how to properly care for treated area
- Below is a list of what you may or may not experience after your Pearl Fractional treatment. Please note that not all patients see every reaction listed below.
- If you are concerned about any phase of the healing process, please call Dr. Nemerofsky.

### **First 24 Hours**

- Skin will feel sunburn hot for up to one hour post-treatment
- Pinpoint oozing is likely to occur within 90 minutes of treatment
  - Most intense for first 4 hours post-treatment
  - Should resolve within 24 hours
- Significant erythema (redness) for ~5 days post treatment
- Possible swelling (varies by treatment or patient)

### **1 - 3 Days Post-Treatment**

- Edema (swelling) peaks at 2-3 days post-treatment
  - Sleeping with head elevated may reduce swelling
- Significant erythema (redness) for ~5 days post treatment

### **3 - 5 Days Post-Treatment**

- Edema (swelling) will begin to subside
  - Can persist longer for patients with prior facial surgery
- Significant erythema (redness) for ~5 days post treatment
- Face begins to peel
  - Some patients report itchiness during this period
  - Frequent vinegar soaks beginning at day one help to relieve itching and soothe skin

## 5 - 7 Days Post-Treatment

- Mild erythema (redness) may persist for a few weeks (varies by patient)
- Peeling should subside by 5-7 days
- Okay to wear makeup

## When to call Dr. Nemerofsky

- Reoccurring Erythema (Redness)
  - If redness decreases and then increases
- Persistent Edema (Swelling)
  - Longer than 72 hours or not reducing
- Fever
- Intense itching
  - It is normal to feel itching after skin peels. Please contact provider if skin continues to feel tight and very itchy
- Rash or pustules (pimples)
- Cold sores (herpes) break out anywhere on the face