

In anticipation of your next visit, we encourage you to record your thoughts, feelings, observations and questions, as well as comments you may receive from others.

My thoughts/feelings:



My observations:

My questions:

Comments from Others:

*(What have you done? You look more rested.
Have you been on vacation? You look great!)*

What to Expect *after Treatment*

Ultherapy.com



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Ultherapy utilizes the Ulthera® System, which is cleared by the FDA for use as a non-invasive treatment to lift the eyebrow to achieve a desired aesthetic effect

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L1210-002 Rev B



Potential Benefits with Ultherapy®

Congratulations! By choosing to have an Ultherapy® treatment, you are doing something wonderful for your skin. As the skin matures, collagen fibers that provide internal support become worn. Ultherapy's ultrasound energy reaches deep below the surface of your skin to initiate your body's own natural repair process. Over time, this results in the creation of new, healthy, strong collagen and a variety of positive skin changes.

Because the rejuvenation process occurs naturally, results occur gradually. Just as strengthening muscles or growing taller takes time and is not evident from day to day, the effects of Ultherapy build slowly and subtly. In this world of immediate feedback, we want to reassure you that patience is a virtue, and that results can take two to three months to unfold.

Responsiveness varies from patient to patient, and, occasionally, the results are "subclinical;" that is, the collagen rebuilding on the inside that helps counter the effects of gravity does not have a visible effect on the outside. Some patients may benefit from more than one treatment.

- In the early days following treatment, patients commonly report some lifting, a firmer skin feel and, as an added bonus, a smoothing out of fine lines. While this immediate "plumping effect" can be temporary, it signals that the beneficial process of new collagen generation has begun.
- Additional skin firming, toning and actual lifting is reported to occur over the next 2-3 months after the treatment (and sometimes longer). This can take the form of:
 - elevation of the brow, leading to an opening up of the eye area, reduced hooding of the eyelids, softening of the wrinkles around the eyes, and a more "rested" appearance in general
 - a shifting of the cheek tissue upward for an overall ovaling effect of the lower 2/3 of face
 - an improvement in the folds and lines around the nose and mouth
 - reduced sagging under the chin
- Reduced pore size and a more even skin color can also be welcomed benefits.

Because everyone's skin is different, results will vary. The following table describes the variety of responses reported by Ultherapy patients and when they may be experienced.

Target Issues	Immediate	First Week +	Day 30 +	Day 60 +	Day 90 and beyond
<small>(circle present concerns)</small> Lifting, Toning, Shaping <i>Sagging eyelid skin</i> <i>Lax, loose skin on the cheeks</i> <i>Poorly defined jawline</i> <i>Jowls/Marionette lines or folds</i> <i>Downturned mouth</i> <i>Folds from nose to mouth</i> <i>Loose skin on the neck/under the chin</i>	Slight lifting & toning Minor swelling	Slight lifting & toning Minor swelling	Slight lifting & toning	Additional lifting & toning for a more youthful shape Brow elevation for a more "open" look (overall or outer portion) Less hooding/more lid showing Improvement in folds/lines between nose and corner of mouth and corner of mouth downward Slight lifting at corners of mouth	Additional lifting & toning for a more youthful shape Brow elevation for a more "open" look (overall or outer portion) Less hooding/more lid showing Improvement in folds/lines between nose and corner of mouth and corner of mouth downward Lifting at corners of mouth Shifting of cheek tissue upward for overall ovaling effect of lower 2/3 of face Sleeker, more defined jawline; Jowls reduced Reduced sagging under the chin
Skin Feel <i>Lax/loose</i> <i>Stiff/not resilient</i> <i>Dry/rough</i>	Tighter, firmer Slight tenderness Tingling Numbness	Tighter, firmer Slight tenderness to touch Tingling Numbness	Tighter, firmer Slight tenderness to touch Tingling Numbness More receptive to make-up, shaving	Tighter, firmer More toned, better-fitting skin Softer, more resilient Smoother	Tighter, firmer, thicker/more cushioned More toned, better-fitting skin Softer, more resilient Smoother
Texture <i>Fine lines</i> <i>Wrinkles</i> <i>Creases</i> <i>Crepe paper-like appearance</i> <i>Enlarged pores</i>	Slight plumping of fine lines Welts (occasional)	Slight plumping of fine lines	Smoother texture	Reduced crepe paper texture Smaller pores	Reduced crepe paper texture Smaller pores
Color <i>Tiny blood vessels</i> <i>Generalized redness</i>	Erythema (redness) Minor bruising (occasional)	Minor bruising (occasional)	More even tone Brighter	More even tone Brighter	More even tone Brighter

A non-invasive Ultherapy treatment is not intended to produce the same results as an invasive surgical procedure. As with any medical procedure, there are possible risks associated with the treatment. There is a remote risk of a burn that may or may not lead to scarring, which will respond to medical care, or temporary nerve injury, which will resolve in a matter of weeks.